

## School Community Partnership for Mental Health - Overview

### The SCPMH Model

The model is based on a combination of data and research focused on best practices for collaboration between school and community mental health providers. Service delivery focuses on students with emergent and/or unmet mental health concerns that extend beyond what can be addressed by school staff. This model seeks to increase access to early, targeted interventions in the school, prevent more costly care, school suspensions, truancy, and/or adjudication.

It is our hope and intent that policy makers will recognize the necessity of fully integrating pupil services professionals and community partners in efforts to reform and restructure mental health in schools in order to maximize student achievement.

#### The activities in the SCPMH Model are designed to:

- ⇒ Deliver community mental health services to students who are deemed in need of such by a collaborative school process
- ⇒ Provide therapeutic services in the school, the home, or at the agency as deemed most appropriate
- ⇒ Improve communication between the school staff and community mental health providers allowing better/faster access to resources for the school staff, students, and families
- ⇒ Provide mental health awareness training to school staff, students, and families, including monthly tips for educators and parent newsletters (in both English and Spanish)
- ⇒ Reduce the stigma of mental health services for children

#### Steps to providing mental health services to students in school

- 1) Students are identified through the school's collaborative process as well as the school's mental health team.
- 2) School support staff contact the student's guardian regarding possible SCPMH services.
- 3) Guardian gives verbal consent and then completes ROI - Release of Information for MPS to communicate with SCPMH Partners which is then sent to the SCPMH Community Partner assigned to work with the identified school.
- 4) The SCPMH Community mental health provider contacts the guardian regarding having an initial assessment.
- 5) A service provision meeting is held at attending school or requested location with the guardian, student, school support staff, and community partner.
- 6) If services are recommended, the student may be seen in the school, home, or agency on a recurring basis.

Students in need of mental health services can receive a thorough assessment and onsite mental health services delivered in their primary language (English/Spanish) as well as continued collaboration with school staff, guardian, and provider.

#### Staff members?

The teachers, administrators, school support staff, and community providers work in a collaborative manner to provide consultation, therapy, and resources to one another as well as monitor individual student progress.

#### Financial Costs?

Services are not based on the ability to bill insurance or on the ability to pay. However, the provider agencies do collect insurance reimbursement for services to the extent possible. Grant funds support ancillary or support services to teachers and parents.

### SCPMH Schools

- 19 Milwaukee Public Schools
- 3 Milwaukee Private Schools
- 4 Milwaukee Partnership Schools

### SCPMH Partners

- Milwaukee Public Schools
- Aurora Family Service
- Children's Hospital of Wisconsin - Community Services
- Sebastian Family Psychology Practice, LLC
- Shorehaven Behavioral Health, Inc.
- Sixteenth Street Community Health Center